



LUNCH AT TRUE NORTH

SPRING 2026

SANDWICHES

GRILLED CHEESE SANDWICH v GFA	8
melted triple-cheese blend, basil mayonnaise	
PULLED CHICKEN & PESTO SANDWICH GFA	8
baby rocket, roasted red peppers	
HONEY-ROAST HAM SANDWICH GFA	8
smoked cheese, chilli jam	
SPICED CHICKPEA FALAFEL SANDWICH Vg GFA	8
minted plant-based yoghurt, pickled red onion	
FISH FINGER SANDWICH GFA	8
chunky tartare sauce, gem lettuce, sliced gherkins	
+ ADD DAILY-MADE SOUP	+3
add soup to any sandwich	

LUNCH DISHES

DAILY-MADE SOUP v GFA	8
warm bread, salted butter	
TRUE NORTH PLOUGHMANS PLATE GFA	13
honey-roast ham, locally-sourced cheeses, pickled onions, seasonal chutney, crusty bread, salted butter	
VOCATION BEER-BATTERED FISH & CHIPS GF	14
light beer battered fish, home-cut chips, crushed garden peas, chunky tartare sauce	
CAESAR SALAD GFA	12
gem lettuce, garlic sourdough croutons, anchovies, creamy Caesar dressing available with chicken & smoked bacon or grilled halloumi	
STICKY KOREAN BARBECUE PORK BELLY GF	14
ginger & coriander noodle salad, prawn crackers	
PENNE AMATRICANA VgA	14
fresh penne pasta, smoked pancetta, crushed garlic, chilli, red onions, vine tomatoes	
PANZANELLA SALAD Vg GFA	12
olive oil sourdough croutons, tomatoes, onions, fresh basil, olive oil vinaigrette	
FLAT IRON STEAK FRITES GF	17
seared flat iron steak (served pink), seasoned fries, fresh-blitzed chimichurri	

SIDE ORDERS

Rosemary-salted hand-cut chunky chips	4.5
Salt & pepper sweet chilli fries	4.5
Truffle mayonnaise & parmesan fries	5
Seasoned French fries	4
Buttered spring cabbage & pan-fried diced pancetta	4.5
Tenderstem broccoli, soy dressing	5
Crushed new potatoes	4.5
Caesar-dressed side salad	5
Warm bread, olives, Modena balsamic vinegar, extra virgin olive oil	5